



# CinnaMâte™

Digestive Energy

## Lift your energy and your focus



CinnaMate™ is a powerful herbal combination designed to provide increased energy and focus through natural stimulation, enhanced digestion, and sugar management. And, unlike other "energy" products, CinnaMate is not only safe to use daily, but due to its impressive nutritional profile, is also a health-building product designed for longevity. It effectively addresses the root problem for so many of today's health issues—sugar consumption and its consequences! Whether you are focused on weight management, stomach comfort, blood sugar issues, or other health and energy-related concerns—this unique formula will lift you toward your health goals.

## Ingredients – Our "FAB Five"

### Yerba Mate

Very recently receiving its due in the U.S., Yerba Mate has been widely used for centuries in South America. Mate contains a higher antioxidant profile than green tea, and is more nutritious. A bold statement, but true! With 24 vitamins and minerals, including Chromium and Pantothenic acid, 15 amino acids, and a number of other key plant compounds, Yerba Mate is among the most nutritious of all plants. In fact, even back in 1964 the Pasteur Institute in France declared, "...it is difficult to find a plant in any area of the world equal to mate in nutritional value." Because of its unique nutritional profile, and the natural xanthine alkaloids in Mate, including caffeine, Mate increases stamina and mental focus without producing the "jittery" and "spike" effect of other natural caffeine-containing plants—not to mention artificial energy drinks.

### Cinnamon

Shown in recent studies to possess surprising ability to extend the utilization of insulin in the blood. Cinnamon also reduces levels of blood sugar, and supports healthy levels of cholesterol in the blood. Cinnamon is a mood-enhancing aromatic with a long history of safe use. Our 20% extract delivers an effective daily dose of this amazing spice.

### Nopal

This superior herb is considered by most to be more than simply a blood sugar stabilizer. Long used in the southwest and in many other parts of the world, Nopal has properties that are adaptogenic in quality. It contains amino acids, vitamins A and C, and many other compounds. In a 2004 study reported in the American Journal of Clinical Nutrition, Nopal was found to be more effective than vitamin C alone for preventing

oxidative stress on cell walls—thus boosting immunity and increasing vitality. Nopal is a meaningful support to digestion, circulation, and immune issues in the body.

### Banaba Leaf

Impressive results in blood sugar regulation studies have recently placed Banaba Leaf on the short list for herbal blood sugar formulas. Our formula uses Banaba Leaf with standardized 1% corosolic acid, as highlighted in the studies.

### Thyme

Long known for its antimicrobial properties, Thyme is nutrient rich and is beneficial for the overall immune system. Thyme also contains significant antioxidant properties in the form of flavonoids, is very high in the trace mineral Chromium and has been used historically as a digestive aid and tonic.

## The Solle Difference

Whereas too much Yerba Mate is now sold with isolated and increased levels of caffeine, CinnaMate uses the nutritionally-balanced complete Yerba Mate extract. Our natural extract enables you to benefit from other health-supporting strengths of this wonder plant: weight management, circulation support, and digestive comfort. Sugar regulation is often overlooked in energy formulas, and is another key to CinnaMate's efficacy. Finally, our unique blend of these particular ingredients reflects our proprietary mind/body approach that is based upon decades of practical experience in their use.



## Product Use

Take 1 packet once or twice daily. Mix with 8 ounces of water (as a delicious hot tea), or with 16 oz. cold water. Drink at 10 am and/or 2 pm, rather than with a meal, as part of your weight management program.

## Complementary Product

Try Probio IQ™ clarifying probiotic formula, and effectively combine all the additional digestive benefits of our probiotics which have been specially selected for mood enhancement.



1-888-787-0665  
[info@sollenaturals.com](mailto:info@sollenaturals.com)